



For the general public

About 1-Day DV-aware Workshop

1-Day DV-aware is an interactive workshop where you will learn how to recognise and respond to domestic and family violence and what you can to do to help make a difference.

In attending our 1-Day DV-aware Workshop, you will:

- know how to identify the different signs and forms of abuse that constitute
- domestic and family violence
- learn about the Cycle of Violence and the Power and Control Wheel (The Duluth Model)
- reflect on and share what you can do if you know someone who is experiencing domestic and family violence
- have an opportunity to network with other individuals
- · receive tools and references for domestic and family violence support and referral.

Why DV-alert?

DV-alert is led by experienced trainers dedicated to reducing violence against women and their children. Our 1-Day DV-aware Workshop provides a safe space to learn, connect and be empowered to recognise and respond confidently to those in crisis.

Who is it for?

- Anyone living in Australia
- Minimum age: 18-years-old
- Also suitable for organisations.

Cost

This workshop is free for adults.

Contact us

For further enquiries contact: trainer.northcoast@lifeline.org.au

Delivery of training and assessment on behalf of Lifeline Australia (RTO 88036)

Funded by the Australian Government Department of Social Services. Co to <u>www.dss.gov.au</u> for more information. A key learning I have taken from this workshop is that there is a lot of support available for people experiencing domestic violence.

Past participant

Date: 13 June 2024

Time: 9.00am - 5.00pm

Venue: Nambucca Heads RSL Club, 3 Nelson Street, Nambucca Heads, NSW 2448

Enrol: Click <u>HERE</u> to enrol



Training delivered by